

**Expressive dance comes from the soul;  
there are no physical limits to what the dancer can do.**



L'Arche Daybreak is home to the Spirit Movers, a dance and movement troupe which incorporates community members of all abilities. For nearly twenty years the Spirit Movers have been Daybreak's premiere ambassadors. The troupe has an impressive repertoire of dances and is much sought-after, having performed at World Youth Day, 2002. Our Spirit Movers have also danced at the Air Canada Centre as well as at numerous schools and churches.

Through 'Signs of Hope' the Spirit Movers will be able to expand and welcome more people.

## LIFE STORY •

I love dancing with the Spirit Movers. There is always lots of laughter and creative energy. I feel loved, happy and a sense of belonging.

– Joy Sumyi Lee, volunteer

**Alia Qureshi** came to the Corner House in 1988 at the age of 15 with a medical diagnosis that she would not live a long life. On the contrary, Alia, who died in 2007, left a legacy of memories rich in inspiration. Her life was filled with friends, music, dance and laughter. For many years Alia was part of the Spirit Movers. Her presence in the Spirit Movers allowed her gifts to move and to reach thousands. There was no greater stage than her presence at World Youth Day. There she was on stage, a Muslim woman, dancing in celebration with Christians, in front of Pope John Paul II.

